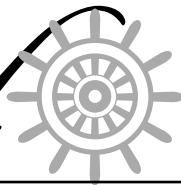


The Ship's Wheel



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March 2010



The Captain's Report

As you may have heard, the year got off to a great start with a Super Bowl party at the home of Red and Linda Keith in Fleming Island. The turnout for the event was good with almost 40 people attending. As usual the food and side dishes were excellent and the 50 inch high definition TV with surround sound made the game a real joy to watch. Don Scott masterfully organized the betting activities for the game and was able to console the losers and reward the winners with a system that I do

not fully understand - but it seems to work. Kudos to the Keiths for their hospitality and for orchestrating a great party.

As mentioned at our meeting in February, I have been focusing on planning the cruises that we might like to make during the second and third quarters of the year. As a result I called a meeting of our advisory committee and we discussed a number of cruise destinations and the pros and cons of each. Since we already have cruise masters for the third quarter, Jay and Marcia

Mederos, a destination to Fernandina seemed logical since the travel distance by boat is relatively short with plenty of shopping and restaurants close to the marina.

However, choosing a cruise destination for the second quarter - late May or June - and trying to stay within our one day boat travel time at a destination with good shopping and restaurants is bit more problematic. After some discussion, the committee focused on three options: Palm Coast,

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February Power Fleet Minutes

By: Pam Fleming

Prior to the Power Fleet Meeting, members enjoyed a slide presentation of the All Fleet Social January 29, 2010. Highlighting the slide presentation was the Epping Forest Boating Community Tribute to our Steve Nichols supporting the new Sailing Program at Jacksonville University. Commodore Jim Callahan presented Steve with a Proclamation, The Plank, and the annual Outstanding Student Award in Steve's name. As Nancy Lee said, "It was a Beautiful Evening".

As quickly as the slide presentation disappeared from the screen, Power Fleet Captain Dave Burrows called to order the second meeting of the 2010 Power Fleet Season. Visitors were from the St. John's Riverkeeper, Sara Shelly and Neil Armingeon our guest speaker.

Captains Report:

Thank you from Judy Homeyer for her yummy Edible Arrangement, "It Hit The Spot". Bruce says Judy is back at the Helm.

February 28, 2010, is The All Fleet Brunch at 11:00am on the Mariner's Deck; hosted for the third year by the Epping Sail Fleet. Another wonderful opportunity for Good Food, Good Friends, and there was mention of Good Bloody Marys and Mimosas, by Barbara and Jim Callahan. Bring a dish to share.

Boat Inspections: A very brave Captain Burrows stepped to his computer to demonstrate to this motley crew how to find a certi-

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The Captain's Report

Continued from front page

Daytona Beach and Ocean Reef. Palm Coast has a new marina, Yacht Harbor Village Marina, with access to a number of amenities at the beautiful Hammock Beach Club: golf, tennis, beach, pools, spa, fitness center, two restaurants and condos for rent at daily rates. These amenities are accessible by shuttle bus but are located about two miles north of the marina. Daytona Beach is also a destination we have not visited in a number of years and is located at the maximum distance many of our boats can travel in one day. However, staying at the Halifax club marina or any of the other clubs would allow easy access to shopping and restaurants in the Daytona Area. Finally, you may recall the wonderful trip to Ocean Reef a couple of years ago. This destination, because of its long distance from Jacksonville, essentially

becomes a land cruise for most of our boaters, but is easily doable in a long weekend with great shopping, restaurants and fishing. To bring closure to this matter by our March 4th meeting, I plan to send an email to each of you prior to the meeting to solicit your thoughts and, based on your responses, will make a decision.

Although it is still early in our boating season, I want to encourage each of our captains to make arrangements to have a vessel safety check by the coast guard auxiliary. Mark Adams, a VSC coordinator, will be happy to arrange group inspections and can be contacted by email at madams3@bellsouth.net or by phone at 731-4609. I am going to try to arrange to have a group inspection, just prior to our cruise to Amelia Island, on Saturday the 6th of March, from about 9 to

12:00PM in the Epping Forest Marina. However, if you would like to arrange your own inspection, simply go the web and key in www.cgaux.org.

Finally, plan to attend our next meeting on March 4th, starting with a social hour at 5:00PM and a business meeting at 6:00PM. Also, you will be captivated by a short overview of the highlights of the great loop voyage that Jay and Marcia Mederos undertook over the past two years. Last but not least, at 7:00PM, we plan to have a delicious Italian buffet dinner available for those of you who want to enjoy dining at the mansion. Hope to see you there!

From the Helm,
Dave Burrows - Fleet Captain
Epping Forest Power Fleet

February Power Fleet Minutes

Continued from front page

fied Coast Guard Auxiliary Inspector, to inspect our boats for the 2010 Boating Season. www.cgaux.org, ..?#!?!?...or maybe for this crowd we should call Joe Sackett as in the past, and have him arrange boat inspections for March.

Cruise and Event Planning: Possible cruises to Palm Coast late May, early June, and to Fernandina third quarter. Now is the time for Cruise Destination Ideas! Please notify Dave or Logan if you are interested in being a Cruise Master.

Treasurer's Report: OOPS! Trustees Report: Nancy Lee announced, that despite the economic environment, and numerous investments under Treasurers Burrows and Wells, we have a positive balance of \$511.94.

Marina Report:

Jim Callahan reported slips are available at Epping for the first time in years:

Slips available:	8	40ft slips
	3	30ft slips
	2	lifts
	1	65ft slip

Marina Alert: Bolles Sailing School begins March 2, 2010! Be watchful of Sailors in Training!

Marina Events:

2nd Annual Epping 5K Run - 3/13/10
Annual DuPont Cup - 3/20/10
Blessing of the Fleet - 3/21/10

They are looking for committee boats (We understand from John that our power boats are great; they are larger, have stocked bars, heads, and air conditioning). If you would like to be a committee boat, and your boat fits the above qualifications, please contact John Tipton.

Waterway Report: Ed Grey reported on no report.

Power Fleet Cruises and Events:

Linda Keith reported on final preparations for the Super Bowl Party planned at their home in Fleming Island. Party starts at 5:00 PM. Please see Linda for directions handout and security code. There were Elvis Sightings at past Power Fleet Functions when Red Keith and Paul Remsen were in attendance. Will there be a sighting at the Super Bowl Party?

Amelia Island Cruise: Cruisemasters Susan Blaser reported on preparations for the upcoming cruise to Amelia Island on March 12-14. Please watch the Internet for marina contacts, cost, and event updates. Agenda

will be exciting with dinner at Oyster Bay, Brunch at Walkers, Sporting Clays, and the Concours d'Elegance. Beyond the Amelia Island Cruise if you are a Power Fleet Member interested in High Sea Adventure, contact Don Blaser to learn more about the cruise adventure handed out during this Power Fleet Meeting.

Guest Speaker: Neil Armingeon from The St. John's Riverkeeper updated the Power Fleet with an Annual Report on our St. John's River; leaving us with "The St. John's River is our Greatest Natural Resource, what is good for the river, is good for our community".

Happy Birthday to: Ed Grey, Alex Harrison, Candy Richards and Doug Smith.

Captain Burrows closed the meeting, and the crew headed to the Mardi Gras themed Buffet!



MEET the FLEET

REBEKAH LIN

By Nathan & Linda Franzblau

We bought our boat in 2000, after an intensive search that began with several Grand Banks trawlers. We soon fell in love with our Ocean Alexander 456 Classico because she was beautiful, well built, efficient to operate, and had a lovely make-up station in the master suite (guess you know why this was Linda's favorite). Built in 1992, she is the Number 4 hull of her kind from OA. She has a cruising range of approximately 1,000 miles, all the comforts of home, and most importantly, is SLOW and steady on the water. No more getting drenched by passing boats (which is why our 24' Grady White is history).

All of our previous vessels (and a generator) had "Boy" in the name: Silver Boy, Green Boy, Red Boy. "White Boy" was the next logical choice (to my mind), but Linda insisted there be no more "boys" of any color. And so, we named her after our daughter, Rebekah, and the First Mate, Linda (Lin).

Next time you're in the marina, you are welcome aboard the "Rebekah Lin," but you'll know what I meant.



POWER FLEET MEETING

Next Meeting March 4, 2010

DuPont Room

5:00 p.m. Social

6:00 p.m. Meeting

7:00 p.m. Dinner

ITALIAN BUFFET

Chefs Choice Soup
of the Day

Salad Bar

Spaghetti and Meatballs

Italian Chicken

Sautéed Zucchini and Yellow Squash
with Herbs

Risotto

Garlic Bread Sticks

Birthday Cake, by
Bakeshop

Power Fleet On The Horizon

2010 Scheduled Cruises
& Events

FIRST QUARTER

Mar. 12-14 *Concours d' Elegance Cruise*
Amelia Island

Cruisemasters: Don & Susan Blaser
Pam & Peter Fleming

Power Fleet March Birthdays:



3/1 - Don Blaser

3/11 - Josh Horenstein

3/14 - Dave Burrows

3/15 - Nancy Lee Grey

3/18 - Steve Coates

3/19 - Dr. John Wells

3/23 - Nancy Fishback

3/25 - Bob Garces

3/26 - Robert Fontaine

3/31 - Linda Keith

Power Fleet Agenda

Power Fleet Meeting March 4, 2010

Agenda

- Recognize Visitors & Guests
- Captain's Report
- Treasurer's Report
- Marina Activities Report
- Waterways Report
- Cruises and Events Reports
- New Business

Program: Great Loop

Voyage by Jay and Marcia
Mederos

Power Fleet 2010 Schedule

Mar. 4	June 3	Oct. 7
Apr. 1	July 8	Nov. 4
May 6	Aug. 5	Dec. 2
	Sept. 2	

2010 EFYC Power Fleet

Officers and Contributing Members

Officers

Captain

Dave Burrows

Asst. Power Fleet Capt.

Logan Johnson

Secretary

Pam Fleming

Treasurer

Nancy Lee Grey

Contributing Members

Ship's Wheel Editor

Alex and Kami Harrison

Gourmet Galley

Debbie Coates

Photographers

Peter Fleming

Linda Keith

Advisory Committee

Ed Grey

Past Commodore and Power Fleet Captain

Dick Smith

Power Fleet Captain 2009

Nick Simonis

Past Power Fleet Captain 2008

Bruce Homeyer

Past Power Fleet Captain 2007

James Nicholson

Past Power Fleet Captain 2006

Red Keith

Member At Large

The Gourmet Galley

By Debbie Coates

Tomatoes Florentine

- 1 (10 ounce) package frozen chopped spinach
- 2 large tomatoes, cut into 3/4-inch thick slices
- 1/2 cup dry Italian-seasoned breadcrumbs
- 1/2 cup chopped green onions (white and green parts)
- 3 eggs, beaten
- 1/4 cup butter - melted
- 1/4 cup grated parmesan cheese
- 1/4 tsp. minced garlic
- 1/2 tsp. salt
- 1/4 tsp. dried thyme
- 2-3 dashes hot pepper sauce

1. Preheat oven to 350F. Grease a 13x9-inch baking dish.
2. Cook spinach according to package directions. Drain well in a colander, pressing with paper towels to remove most of the liquid, set aside.
3. Arrange tomato slices in a single layer in prepared pan.
4. In a separate bowl, combine remaining ingredients then add drained spinach.
5. Spoon equal amounts of the spinach mixture on top of each tomato slice.
6. Bake uncovered, 15 minutes.



All Fleet Social: Sport Fleet, Power Fleet, Sail Fleet and Proclamation Presentation to Mr. Stephen Nichols



Super Bowl Party

