

# EPPING FOREST YACHT CLUB



## Currents



*Alex and Kimberly Zlatanoff with Rhonda and Paul Gruber at the Champagne and Chocolates Tasting.*



*Hugh, Michael, Sofia and Caterina Caron enjoying Brunch with Santa.*



*Happy New Year 2012*



*Judy and Larry Roberts with family pet Cowboy at the Lighting of the Marina.*



*Melody, Camille and George Henley at the Lighting of the Marina.*



*For more information please visit our website at [www.EFYC.com](http://www.EFYC.com).*





# From the Commodore's Deck

## HOURS OF OPERATION

### ADMINISTRATION

Monday - Friday 8:30am to 5:00pm

### MANSION DINING

#### Brunch

Sunday 10:30am to 2:00pm

#### Lunch

Monday - Friday 11:30am to 1:30pm

#### Dinner

Tuesday & Thursday 6:00pm to 9:00pm

Wednesday 5:00pm to 9:00pm

Friday & Saturday 6:00pm to 10:00pm

### Happy Hour

Tuesday - Saturday 5:00pm to 7:00pm

### WHEELHOUSE CAFE

Food service closed for the winter.

Complimentary Coffee will be served

Monday - Friday 6:00am to 10:00am

Open for seating and study hall

Monday - Friday until 8:00pm

Closed Saturday & Sunday

### MARINA OFFICE

CLOSED Mondays

Tuesday - Friday 10:00am to 3:00pm

Saturday 10:00am to 5:00pm

Sunday 12:00pm to 5:00pm

### CUB'S DEN

Monday - Thursday 8:00am to 12:00pm  
and 4:00pm to 7:00pm

Friday 8:00am to 12:00pm

and 4:00pm to 10:00pm

Saturday 8:30am to 2:00pm

and 5:30pm to 10:00pm

Closed Sunday

### FITNESS CENTER

Monday - Thursday 5:00am to 9:00pm

Friday 5:00am to 8:00pm

Saturday 8:00am to 6:00pm

Sunday 9:00am to 6:00pm

### POOLS

Monday - Thursday 5:00am to 9:00pm

Friday 5:00am to 8:00pm

Saturday 8:00am to 6:00pm

Sunday 9:00am to 6:00pm

## Important Numbers

### MAIN LINE & DINING RESERVATIONS

904.739.7200

### WHEELHOUSE CAFE

904.739.7024

### MARINA

904.739.7150

### TENNIS OFFICE

904.421.2230

### FITNESS CENTER

904.739.7023

### SECURITY GUARD

904.739.7285



Commodore  
Wilford Lyon

Greetings fellow Club members, I hope your holiday season was filled with festivities with your friends and loved ones. Thank you to everyone who contributed to our staff's holiday gift fund. Our staff was most appreciative, especially given these challenging financial times.

This past year we accomplished some notable projects which I want to share with you. You might have already noticed our completely restored water wheel. This impressive 20 foot diameter brass water wheel was invented by Alfred DuPont in the mid twenties. It was designed to aerate the water from an artesian spring and pump it to the mansion. It has now been restored to its original splendor. We also replaced the Spanish tile roofs on the boathouse and replaced the marina's plumbing service. We purchased new sails for our Opti program, two new state-of-the art TechnoGym treadmills and beautiful draperies for our banquet rooms.

As Commodore, I see the commitment to maintain our magnificent historical property. Each year we make improvements and look forward to future years in anticipation of our needs. I am always proud when I represent Epping Forest Yacht Club at other clubs' events and hear their club officers and members speak of our fine club in such high regard. We truly have a treasure among clubs in the city and beyond.

Be sure to see the many exciting events in this newsletter and upcoming ones planned for this spring. Also, mark your calendar for our Change of Command ceremony scheduled for Friday, March 30, 2012. It is always a fun and entertaining evening for everyone. I hope the New Year brings you and your family good health and great prosperity. See you around the Club!

Wilford Lyon

Commodore

## Epping Forest Yacht Club Welcomes You!

### To the first Friday Nighter in 2012

"Hosted by"

### Epping Forest Yacht Club

Friday, January 13th

5:00pm to 8:00pm

### In the Chartroom Lounge



Enjoy a complimentary wine tasting, light hors d'oeuvres and half price drink specials as you mingle with fellow members and future members of the Club. Fun door prizes will be given throughout the evening in appreciation for your support and dedication to the Club. What better way to kick off the New Year than with your friends at Epping Forest Yacht Club. A cash bar will be available for guests. Hope to see you there!



Erica Kelly and Mary Daoud

## From Our Special Event Coordinators!

We would like to thank you for such a successful holiday season! We hope that 2012 is a prosperous and joyous year for you.

Did someone you know get engaged over the holiday season? Now is the time to show off your club and refer them to host their wedding, rehearsal dinner or shower here at Epping Forest Yacht Club! We have a few dates available for the 2012 wedding season!

Contact Mary or Erica for further information at 739-7200.



## Start the New Year off with a Great Tan!



Infinity Sun Anti-Aging sunless tanning is an all natural sunless tanner made with anti-oxidants and pure botanicals that leave your skin radiant with a natural looking golden brown glow.

### New Year Special Offer

1 Session - \$30.00 (Price includes gratuity)

Body Scrub and Tan - \$60.00 (Price includes gratuity)

Add on any of our 3 elixirs for \$12.00 each (savings of \$3.00)

- Normalize Elixir – A solution applied that result in a longer, lasting more even tan.
- Anti-Aging Elixir – A skin rejuvenating treatment made with plant extracts and anti-oxidants
- Shimmer Elixir – A blend of shimmering radiance infused with emollients to create a delightful glowing effect, the ideal accessory for special events and weddings.



Specials are not valid with other promotions or discounts.

**Contact the Spa at 899-1234 for further details or to reserve your appointment.**

*Members only special.....*

## Ladies Night at the Spa

**Tuesday, January 17th 2:00pm to 7:00pm**

Members of Epping Forest Yacht Club will enjoy a special evening just for you.

Complimentary wine and refreshments will be served while you pamper yourself to one or more of these discounted specials.

- Swedish Massage \$50.00 (Save \$46.00)
  - Deep Cleansing Facial \$50.00 (Save \$40.00)
  - Pedicure \$35.00 (Save \$25.00)
  - Infinity Spray Tan \$25.00 (Save \$29.00)
- Add a Body Scrub for \$20.00 (Save \$52.00)

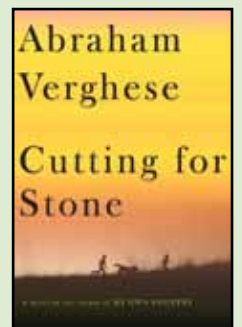
## Book Club



Tuesday, January 3rd  
11:00am  
"The Winner Stands Alone"  
By Paulo Coelho

Join us for lively conversation in the Library of the Mansion and stay for lunch if you like.  
**If you can attend, or have any questions, please contact Inge Baker at 399-8059.**

Tuesday, February 7th  
11:00am  
"Cutting For Stone"  
By Abraham Verghese



## YACHT CLUB STAFF

**Greg Bowman**, General Manager

**Sharon Miller**, Dir. of Acct. & Human Resources

**Mary Daoud**, Director of Special Events

**Erica Kelly**, Special Events Coordinator

**Nicole McCabe**, Reciprocal Club Manager

**John Tipton**, Harbormaster

**Jack Feeney**, Asst. Harbormaster

**Kacie Cobb**, Fitness Center Director

**Joe Perrone**, Tennis Director

**Susan Lee**, Club Event Director

**Kendahl Nix**, Membership Director

**Katie Ghelerter**, Children's Services Director

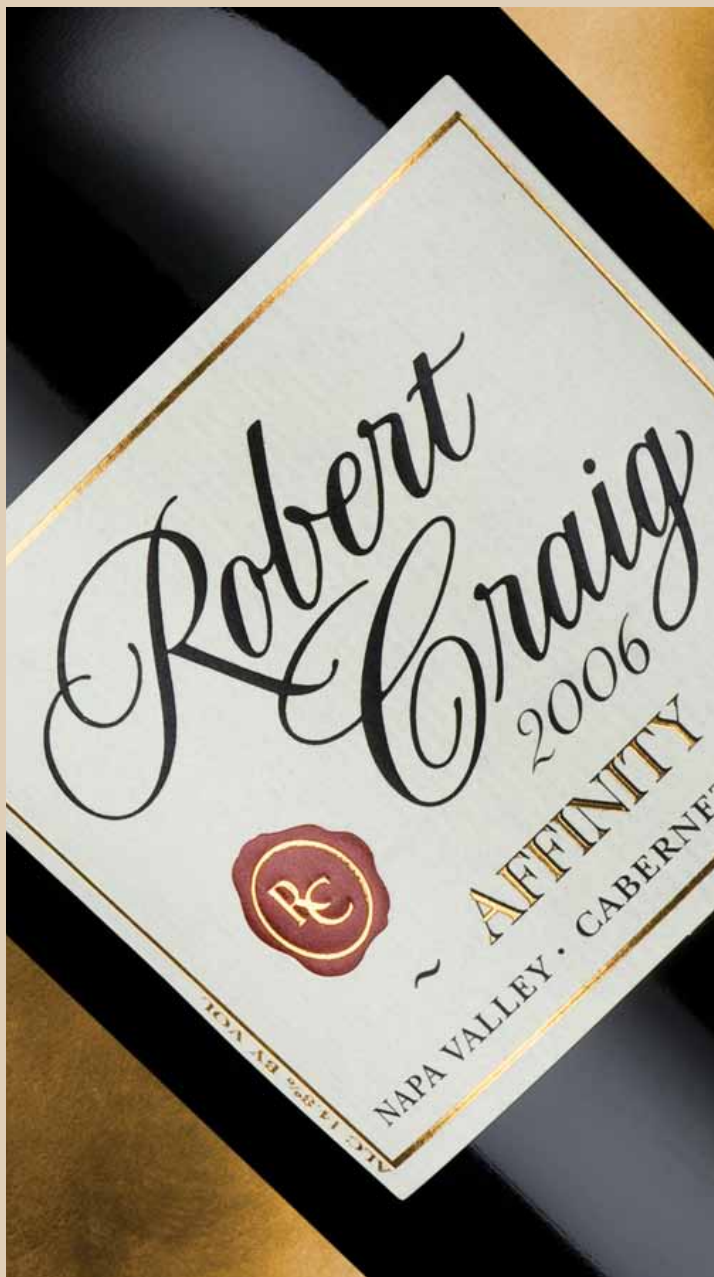
**Thomas Corsano**, Food & Beverage Director

**Elizabeth Hernandez**, Banquet Manager

**Mike Jablonski**, Executive Chef

**Paul Collins**, Pastry Chef

**Lane Brown**, Maintenance Manager



\$95 per person

Contact Tom at 421-2233 for reservations.

## Robert Craig Wine Dinner

**Friday, January 27th**  
**7:00pm Reception ~ 7:30pm Dinner**  
**In the Mansion**

### *Reception*

Blueberry, Balsamic Shrimp Latkes  
Gruyere, Buttered Crab, Kalamata Olive Tarte au Pistou  
Prince Edward Island Mussel, Plum Fritters with Chili Jam  
*Chardonnay, Durell Vineyard*

### *First Course*

Blackberry, Avocado, Micro Green Salad, Haloumi Cheese  
Croutons, Rainbow Peppercorn Vinaigrette  
*Zinfandel, Howell Mountain*

### *Second Course*

Bronze Salmon Mignonne, Asparagus Sage Risotto,  
Aubergine, Spice Ratatouille Tatin, Purple Basil, Orange Preserves  
*Cabernet Sauvignon, Howell Mountain*

### *Third Course*

Asado Entrecote of Beef, Salsa Criolla, Saffron, Spice  
Cous Cous, Cassis Reduction and Radicchio di Treviso Tapenade  
*Cabernet Sauvignon, Mount Veeder*

### *Dessert*

Mocha Frappe, Mini Dried Cherry, Sweet Basil Biscotti,  
Anisette Crème  
*Affinity*

## *Live Entertainment in the Chartroom Lounge*

**Friday and Saturday Evenings from 6:00pm to 10:00pm**

**Friday, January 6th** (*Matt Collins*)  
**Saturday, January 7th** (*Patrick Rose*)  
**Friday, January 13th** (*Michael Munn*)  
**Saturday, January 14th** (*Gary Campbell*)

**Friday, January 20th** (*Deron Baker*)  
**Saturday, January 21st** (*Matt Collins*)  
**Friday, January 27th** (*Michael Munn*)  
**Saturday, January 28th** (*Gary Campbell*)

**Do you have a favorite performer that you would like to see at your Club?**  
**Contact Tom at 421-2233 to make a recommendation.**



## Prime Rib Night

Saturday, January 7th

6:00pm to 10:00pm in the Mansion

**\$19.95 for 10 ounce Prime Rib**

**\$22.95 for 12 ounce Prime Rib**

Enjoy savory Prime Rib prepared accompanied by Vegetables and a Baked Potato with your choice of toppings. The casual and formal menus will also be available.

**Contact Tom at 421-2233 for reservations.**



## Sushi Night

Saturday, January 21st

6:30pm to 8:30pm

In the Mansion

**\$24.95 per person**



Enjoy a variety of Sushi and Sashimi made fresh by Chef Mike and his culinary team.

The Casual and Formal dinner menus will also be available.

**Contact Tom at 421-2233 for details and reservations.**



## Trivia Night

Thursday, January 26th

Beginning at 7:00pm

In the Chartroom Lounge

Form a team of up to 6 people, or join other friendly participants. Prizes will be awarded to the top three teams. Happy hour is extended until 9:00pm for trivia participants.

**Reservations are highly encouraged. Contact Susan at 421-2237.**



## Half Price Wine Night

Tuesday, January 31st

6:00pm to 9:00pm

In the Mansion

Members of Epping Forest Yacht Club are invited to receive half-off on bottles of wine while dining in the Mansion. Some exceptions apply.

**Contact Tom at 421-2233 for details.**



## Ladies Night Out

Tuesday, January 10th and

Tuesday, January 24th

5:00pm to 9:00pm in the

Chartroom Lounge

Ladies will enjoy half price cocktails, wine and beer all evening in the Lounge. Guests are welcome, and a cash bar is available.

**Reservations are not required.**



## River Club Dining

Thursday, January 19th

The Mansion will be closed for dinner. Epping Forest Members are invited to dine at the River Club. Your Epping Forest Yacht Club Membership will allow for charges to be applied to your account.

**Contact the River Club at 354-1111 for reservations.**

# Fitness

## Join us for a HEALTH and FITNESS FEST

Promoting Wellness and Good Health Awareness

Saturday, January 28th

10:00am to 1:00pm at the Fitness Center



The Fitness Center is holding an event not to be missed! On January 28th the Fitness Fest will bring together a health-focused group of professionals, ranging from;

- Chiropractors
  - Health Care Providers
  - Massage Therapists
  - Nutritionists
  - Personal Trainers
  - Fitness Screenings
  - Health and Fitness Demonstrations
  - Group Exercise
  - Relaxation
  - Tennis
- And more!

Educational information will be provided to help promote wellness and good health awareness. Kids are included too, and can enjoy fun and health geared activities while you enjoy the expo!

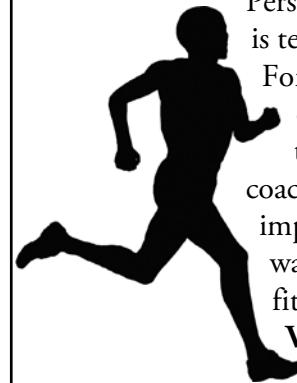
## GEAR UP FOR TEAM GATE!



Grab a friend and make this YOUR year to join Team Gate and do the Gate River Run on March 10th. Whether running the 15K or walking in the 5K, Team Gate members have the most fun! Team Gate members enjoy the spirited competition among the Gate Clubs, and other fun amenities including the pre-race pasta dinner, exclusive pre and post-race party area,

a commemorative team shirt and lot of friends to join you. And as a Gate Club member, it's all complimentary. Watch for the Team Gate registration table in the Fitness Center and keep up with all the latest Team news at [www.teamgateriverrun.com](http://www.teamgateriverrun.com), on Facebook and twitter.

## Run Club



PersonalRunningSolutions is teaming up with Epping Forest Yacht Club to offer personalized training, from elite coaches dedicated to improving runners and walkers health and fitness goals! Join today!

Visit the Fitness Center front desk or contact 739-7023 for more information.

## Hot Stone Massage Therapy

At The Fitness Center

Laura McGuffey, one of Epping Forest Yacht Clubs onsite massage therapists, is offering complimentary hot stones, incorporated into any 1 or 1.5 hour Swedish or athletic massage during the months of January and February. Hot stones promote muscle and soft tissue relaxation and detoxification. It also improves circulation. Prices start at \$75 up to \$110. To schedule your appointment with Laura or for more information, contact the Fitness Center at 739-7023.



# Valentine's Tennis Round Robin



Friday, February 10th  
7:00pm to 9:00pm on the Tennis Courts  
\$15.00 per person



Come join the fun! This two hour round robin allows you to play socially with your fellow members and meet new members, mixing and matching you up with different members each round. Before and during play, Beer and Wine along with light snacks will be served. We'll finish up with the world famous 1 point tournament. Hope to see you there! Space is limited to the first 24 reservations.

**Sign up at the Fitness Center front desk or contact 739-7023.**



**Employee of the Month**

*Patti Lesiuk*

Patti works evenings in the Fitness Center as our lead Housekeeper. She keeps the gym and locker rooms sparkling and ensures the members have everything they need for their workout. Both Members and Staff look forward to Patti's warm smile and welcoming greeting. Thank you Patti for all your hard work and dedication! Congratulations on being our January Employee of the month!



**Members of the Month**

*The Browdys*

Richard and Sharon Browdy have been members of Epping Forest Yacht Club since 1993 and joined the Gate Governors Club in 2004. They enjoy dining in the mansion for lunch and dinner. The Browdys also host personal and business gatherings in the Mansion's private banquet rooms. Congratulations Richard and Sharon! Thank you for your continued support of the Club.



## Featured Reciprocal Club

### South Carolina Yacht Club

The South Carolina Yacht Club is one of Hilton Head Island's premier private clubs offering unparalleled yachting, social and tennis amenities and services to their membership and special guests. To learn more about the South Carolina Yacht Club please visit [www.scyachtclub.com](http://www.scyachtclub.com).



We are happy to assist with your reciprocal club needs. Let us know if we can help you locate a reciprocal club.  
**Contact Nicole at 739-7200 for more information or to schedule a visit.**



# Kids Corner

## Friday Night Pizza Party "Let it Snow"



January 13th,  
6:30pm to 10:00pm  
\$15.00 per child and  
\$10.00 for each  
additional child

Kids will enjoy making it snow in the Cub's Den creating a winter wonderland with crafts and winter treats. Pizza and a beverage will be provided for dinner.

**Reservations are required. Contact the Fitness Center at 739-7023.**

## Screen on the Green



"The Smurfs"  
Friday, January 20th,  
6:30pm to 8:30pm  
On the Playground  
(weather permitting)  
\$15.00 per child and \$10.00  
for each additional child



Kids will enjoy a big screen movie experience on the playground! We will be watching The Smurfs, enjoying Pizza and Punch for dinner and Blue Rice Crispy Treats for dessert. Kids 4 years of age and up are welcome! To make the movie a more comfortable experience, sleeping bags and blankets are welcome!

**Reservations are required. Contact the Fitness Center at 739-7023**

## Parent's Night Out

Saturdays 5:30pm to 10:00pm

While parents are dining in the duPont Mansion, children in the Cub's Den will enjoy dinner, fun and games.

- January 7th: Ringing in the New Year!
- January 14th: Bingo Night
- January 21st: Slumber Party (PJ's and sleeping bags welcome)
- January 28th: Let's Get Fit!

Reservations are recommended.

Space is limited to the first 16 reservations!

**Contact the fitness center at 739-7200 for reservations.**

## Family Night in the Mansion

Every Wednesday Beginning at 5:00pm

- January 4th : Burr It's Cold Outside
- January 11th : I Have A Dream
- January 18th: Winter Wonderland
- January 25th: Healthy Hearts Night

Children may order from the Kids Menu or enjoy Chef's featured entrée for the evening. An optional Salad Bar is also available for adults or children.

**Contact 739-7200 to make your reservations.**

## Jr. Tennis Carnival

Saturday, February 25th

1:30pm to 3:00pm on the Tennis Courts

Come out and enjoy the fun for our first Jr. Tennis Carnival. All members ages 6 to 12 are invited to join in the fun. Each member is invited to bring a friend.

We'll be playing games and hitting for prizes. If you don't have a racket don't worry, we will provide one for you.

The event is complimentary. Sign up at the Fitness Center front desk.

**Contact Joe for more information at 739-7023.**

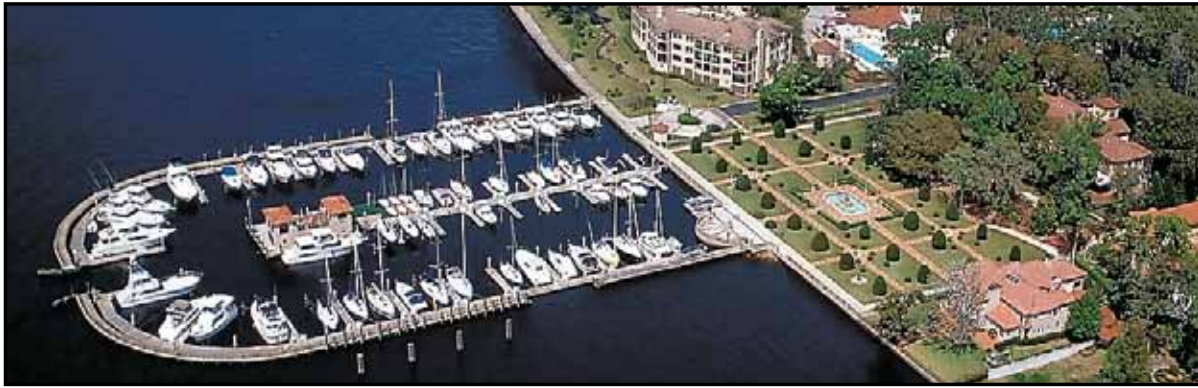


## Birthday Parties at Epping Forest



Caroline Camp recently celebrated her 10th birthday at Epping Forest Yacht Club with a Bolles Pep Rally theme. Whether your party is themed or customized, we can accommodate all of your needs. **Contact Katie at 421-2225 to make your child's next birthday party dreams come true!**

# On the Docks....



## Annual All Fleets Meeting 2012

**Friday, January 20th  
6:00pm in the Mansion**



You are cordially invited to an evening dedicated to all EFYC boaters. Everyone who has an interest in boating is welcome as all Fleets unveil their 2012 schedules. During the meeting we will present the Stephen R. Nichols Award to the Jacksonville University student sailor who has demonstrated the highest level of Corinthian spirit on and off the water.



### Power Fleet Social and Meeting

**Thursday, January 5th  
Social at 5:00pm - Meeting at 6:00pm  
In the duPont Mansion**

### Sail Fleet Social and Meeting

**Tuesday, January 10th  
Social at 5:30pm – Meeting at 6:30pm**

**All members are invited to attend.**

## Youth Sailing Spring 2012

Epping Forest Yacht Club's expanded Youth Sailing Program has been a huge success with after school sailing and "Sailing Saturdays".

### Seven Sailing Saturdays

Beginning January 21st for all ages

### After School Sailing

Beginning February 6th : Grades 3 to 5 (M-W-F)

Beginning February 7th : Grades 6-8 (T-F)

Beginning February 1st : Grades 9-12 (W-Th-F)

Sign up for as little as \$12.00 a day. Space is limited!

Contact Captain's John Tipton or Jack Feeny at 739-7150 or [jtipton@efyc.com](mailto:jtipton@efyc.com) for details or to sign up.



## Adult Sailing Classes

**Saturday, January 21st and Saturday, January 28th  
Saturday, February 4th and Saturday, February 18th**

No experience necessary. Private sailing instruction available upon request. Just \$80.00 for all four sessions.

Contact Captain Jack at 739-7150.





# EPPING-FOREST YACHT CLUB

1830 Epping Forest Drive  
Jacksonville, FL 32217

www.efyc.com  
(904) 739-7200

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DATED MATERIAL PLEASE EXPEDITE

## BOARD OF GOVERNORS

Herbert H. Peyton  
*Founder*  
Wilford C. Lyon, Jr.  
*Commodore*  
Michael Balanky  
*Vice Commodore*

Rich Brew  
*Rear Commodore*  
Rutledge R. Liles  
*Immediate Past Commodore*

Debra Braddock  
Bennett E. Brown  
James L. Callahan  
James P. Citrano, Sr.  
Juan M. Diaz

Nathan Franzblau  
Geoffrey Galant  
Mark H. Gelman  
Edward R. Grey, Jr.  
Dennis Guidi

Bruce A. Homeyer  
Jim Linn  
Ricardo Morales, Jr.  
Melissa J. Pearson  
John E. Trainer, Jr., Ph.D.  
Kimberly Zlatanoff

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 Mansion Closed/ Administrative Offices Closed	3 Men's Tennis Clinic 6:00pm to 7:30pm Junior Tennis Clinic Book Club	4 Family Night	5 Ladies Beginners Tennis Clinic 9:30am to 11:00am Junior Tennis Clinic Power Fleet Meeting	6 Live Entertainment Cardio Tennis 9:30am to 10:30am	7 Live Entertainment PNO Men's Tennis Clinic 9:30am to 11:00am Prime Rib Night
Happy Hour from 5:00pm-7:00pm						
8 Brunch 10:30am to 2:00pm	9 Lunch in the Mansion 11:30am to 1:30pm	10 Men's Tennis Clinic 6:00pm to 7:30pm Junior Tennis Clinic Ladies Night	11 Family Night	12 Ladies Beginners Tennis Clinic 9:30am to 11:00am Junior Tennis Clinic	13 Live Entertainment Cardio Tennis 9:30am to 10:30am Friday Nighter Pizza Party in the Cub's Den	14 Live Entertainment PNO Men's Tennis Clinic 9:30am to 11:00am
Happy Hour from 5:00pm-7:00pm						
15 Brunch 10:30am to 2:00pm	16 Lunch in the Mansion 11:30am to 1:30pm	17 Men's Tennis Clinic 6:00pm to 7:30pm Junior Tennis Clinic Ladies Night at the Spa at Bartram Walk	18 Family Night	19 Ladies Beginners Tennis Clinic 9:30am to 11:00am Junior Tennis Clinic Mansion Closed for Dinner/ River Club Dining	20 Live Entertainment Cardio Tennis 9:30am to 10:30am All Fleet Kick Off Party Screen on the Green Movie Night	21 Live Entertainment PNO Men's Tennis Clinic 9:30am to 11:00am Sushi Night
Happy Hour from 5:00pm-7:00pm						
22 Brunch 10:30am to 2:00pm	23 Lunch in the Mansion 11:30am to 1:30pm	24 Men's Tennis Clinic 6:00pm to 7:30pm Junior Tennis Clinic Ladies Night	25 Family Night	26 Ladies Beginners Tennis Clinic 9:30am to 11:00am Junior Tennis Clinic Trivia Night	27 Live Entertainment Cardio Tennis 9:30am to 10:30am Robert Craig Wine Dinner	28 Live Entertainment PNO Men's Tennis Clinic 9:30am to 11:00am Fitness Fest
Happy Hour from 5:00pm-7:00pm						
29 Brunch 10:30am to 2:00pm	30 Lunch in the Mansion 11:30am to 1:30pm	31 Men's Tennis Clinic 6:00pm to 7:30pm Junior Tennis Clinic Half Price Wine Night  Happy Hour from 5:00-7:00pm	<h1 style="font-size: 2em; margin: 0;">January</h1>			

## UPCOMING FEBRUARY EVENTS

BOOK CLUB  
Tuesday, February 7th

VALENTINE TENNIS ROUND ROBIN  
Friday, February 10th

TRIVIA NIGHT  
Thursday, February 16th

POWER FLEET MEETING  
Thursday, February 2nd

JR. TENNIS CARNIVAL  
Saturday, February 25th